



Edwin M Lee  
Mayor

San Francisco Department of Public Health  
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Communicable Disease Control & Prevention

[sfdph.org/cdcp](http://sfdph.org/cdcp)

Tel (415) 554-2830 Fax (415) 554-2848

## Control Recommendations for Suspected Viral Gastroenteritis Illness Daycare/Preschool Checklist

Date of Recommendations: \_\_\_\_\_ CDCU Staff Member: \_\_\_\_\_

Name of Facility: \_\_\_\_\_ Date of verbal review with facility contact person: \_\_\_\_\_

Contact Person: \_\_\_\_\_ Address: \_\_\_\_\_

Phone: \_\_\_\_\_ Fax: \_\_\_\_\_

### DATE OF RECOMMENDATIONS:

Date implemented	Recommendation
	<b>Limit transmission when initial cases of viral gastroenteritis are suspected.</b>
	Any ill students or staff with symptoms of vomiting or diarrhea should <u>immediately let the director know</u> .
	The director or designee should record <u>names and contact information</u> of possible new cases.
	Any ill staff, students, visitors, or volunteers should <u>stay home for 72 hours</u> after they no longer have vomiting or diarrhea.
	Begin control measures when a viral gastroenteritis outbreak is suspected without waiting for diagnostic confirmation.

### Cleaning Recommendations (For Preschool/Custodial Staff)

Date Implemented	Recommendation
	<b>General Cleaning</b>
	<u>Children's hands</u> should be washed at least when arriving, before and after eating, and after toileting.
	Clean and disinfect <u>vomit and fecal spillages</u> promptly.
	Wear <u>gloves and gown</u> to clean up vomit or fecal spillages. Remove gloves before leaving area and wash hands with soap and water immediately.
	Increase frequency of routine <u>classroom, bathroom, and toilet cleaning</u> , to at least twice daily while cases are occurring. Particular attention should be given to objects that are frequently handled such as faucet and door handles, toilet or bath rails, and toys. Consider the use of respiratory protection for cleaning staff where aerosols may be present following vomiting, or generated by cleaning activity.
	Use a freshly prepared sodium hypochlorite solution (e.g., household chlorine bleach – 1/2 cup of bleach to 1 gallon of water) to disinfect surfaces contaminated with feces or vomitus. Allow surfaces to remain wet for 10 minutes, if possible. If unable to use bleach, contact the Communicable Disease Control Unit at (415) 554-2830.
	Provide <u>soap, paper towels and covered trash cans</u> .



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Date Implemented	Recommendation
<b>Classrooms/Child Care/Food Areas</b>	
	Sanitize <u>countertops/tabletops, door and cabinet handles</u> twice daily and when soiled.
	Sanitize <u>food service areas</u> before and after each use.
	Mop <u>uncarpeted floors</u> with disinfectant at least twice daily, more often if soiled.
	Clean <u>carpets and soft furnishings</u> with hot water and detergent, or steam-clean per usual routine and when soiled with body fluids. Dry vacuuming is not recommended. Wash small rugs at least weekly or more often if soiled.
	Wash and sanitize <u>utensils</u> after each use.
	Wash and sanitize <u>washable toys</u> not contaminated with body fluids at least weekly (daily if possible). During outbreak, remove <u>non-washable toys and objects mouthed by children</u> from use.
	Send <u>sleeping bags or blankets</u> home to be washed every Friday and if soiled. Wipe down <u>cots</u> weekly and when soiled.
<b>Toilet areas</b>	
	Wash and sanitize <u>diapering areas</u> after each use.
	Wash and sanitize <u>handwashing sinks, faucets, surrounding counters, soap dispensers, toilet seats and handles, and bathroom door knobs</u> at least twice a day, more often if needed.
	Wash and sanitize <u>toilet bowls</u> daily. Wipe <u>potty chairs</u> after each use with disinfectant wipes.
<b>General Facility/Other recommendations</b>	
	Wash and sanitize <u>mops and cleaning rags</u> after each use. At end of day, launder mops and rags and hang to dry.
	Dispose of <u>potentially infectious waste</u> in closed containers. Empty daily or when full.
	Wash walls and portable partitions weekly and when visibly soiled.

Date Implemented	Recommendation
	Staff members who prepare and/or serve food should <b>NOT</b> help with diaper changing or toileting.
	Food should be served by a staff member (not family style) until at least 6 days after last ill child was at school.



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### Other Follow Up Needed:

Provide updates to Health Dept. (CDCU) staff regarding newly identified cases at least daily until 6 days after last new child or staff member became ill.

FAQ's about norovirus provided       English       Spanish       Chinese       Other

Parent letter sent?  Yes  No Date:       English       Spanish       Chinese       Other

### Approved Disinfectants Effective Against Norovirus

#### ***Handwashing:***

Alcohol based hand sanitizers are adequate substitute if soap and water are not available.

Alcohol should have concentration between 60-95%.

#### ***Environmental Disinfection:***

\*\*All areas must be cleaned/removed of visible soil and debris prior to disinfection to ensure maximum effectiveness. Wear disposable gloves when cleaning, and discard in a plastic bag after removal of gloves. Hands must be thoroughly washed with soap and water or alcohol based hand sanitizer immediately after removing gloves.

- 1) Chlorine solution is the disinfectant of choice. Freshly prepared sodium hypochlorite solution (e.g., household chlorine bleach – 1/2 cup of bleach to 1 gallon of water) is effective. Allow surfaces to remain wet for 10 minutes, if possible. Allow to air dry.
- 2) Heat disinfection with temperature equal to or greater than 60°C (140°F) can be used on items that cannot be subjected to chemical disinfectants.

#### ***Reference:***

Norovirus in Healthcare Facilities

[http://www.cdc.gov/ncidod/hip/gastro/norovirus\\_print.htm](http://www.cdc.gov/ncidod/hip/gastro/norovirus_print.htm)

