



## COVID-19 Cleaning Recommendations for Home & Residential Settings with Persons with Known or Suspected COVID-19 Infection

February 26, 2020

These recommendations are based on what is currently known about the Coronavirus Disease 2019 (COVID-19) and will be updated as needed and as additional information becomes available. Recommendations are given below for:

- Cleaning,
- Laundry, and
- Disposal of Waste

**Intended audience:** Household members, intimate partners, and caregivers in a home or non-healthcare residential setting, when a person there has laboratory-confirmed COVID-19 or is a Person Under Investigation for COVID-19.

### RECOMMENDATIONS

**Cleaning:** Clean All “High Touch” Surfaces Every Day:

- High touch surfaces include counters, tabletops, doorknobs, bathroom fixtures, toilets, phones, keyboards, tablets, and bedside tables, every day.
- Also clean any surfaces that may have blood, stool, or body fluids on them. This cleaning should be done immediately.
- Use a household cleaning spray or wipe.

**No additional disinfection beyond routine cleaning is recommended.** Neither the US Centers for Disease Control and Prevention (CDC) nor the San Francisco Department of Public Health (SFPDH) recommends that additional or special disinfection procedures or products be used at this time.

**When cleaning, follow the label instructions for safe and effective use of your cleaning product.**

- Pay close attention to the safety equipment such as gloves which are specified on the label.
- For concentrated products requiring dilution, do not use more of the product than is specified on the label. Using more product does not improve cleaning and can cause problems for users or room occupants.
- Make sure you have good ventilation during the use of the product.
- Household bleach, ammonia, “pine oil”, and perfumed products can cause respiratory irritation to persons with coughs or respiratory illnesses. Consider using alternate, lower odor, cleaning products when such persons are present.

**Laundry:**

- Wear disposable gloves while handling soiled items and keep soiled items away from your body. Clean your hands (with soap and water or an alcohol-based hand sanitizer) immediately after removing your gloves.
- Immediately remove and wash clothes or bedding that have blood, stool, or body fluids on them.



- Read and follow directions on labels of laundry or clothing items and detergent. In general, using a normal laundry detergent according to washing machine instructions and dry thoroughly using the warmest temperatures recommended on the clothing label.

**Waste Disposal:**

- Place all used disposable gloves, facemasks, and other possibly contaminated items in a plastic bag or lined container. Before disposing, tie off the bag or seal off the container, then dispose with other household waste.
- Clean your hands (with soap and water or an alcohol-based hand sanitizer) immediately after handling these items. Soap and water should be used preferentially if hands are visibly dirty.

**RESOURCES**

**CDC: Interim Guidance for Preventing the Spread of Coronavirus Disease 2019 (COVID-19) in Homes and Residential Communities**

<https://www.cdc.gov/coronavirus/2019-ncov/hcp/guidance-prevent-spread.html>