Interim Guidance: COVID-19 Symptoms

September 19, 2020

The following symptoms list was developed by the San Francisco Department of Public Health (SFDPH) and is posted at www.sfcdcp.org/screen.

People with COVID-19 have had a wide range of symptoms reported – ranging from no symptoms at all to severe illness. Symptoms may appear 2-14 days after exposure to the virus.

This list mirrors the CDC list of symptoms posted at: https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/symptoms.html and does not include all possible symptoms.

Symptoms
People with these symptoms may have COVID-19:

- Fever (100.4°F/38.0°C or greater), chills, repeated shaking/shivering
- Cough
- Sore throat
- Shortness of breath, difficulty breathing
- Feeling unusually weak or fatigued
- Loss of taste or smell
- Muscle or body aches
- Headache
- Runny or congested nose
- Diarrhea
- Nausea or vomiting

This list does not include all possible symptoms. CDC and SFDPH will continue to update this list as we learn more about COVID-19.

References and Resources

- Screening forms: www.sfcdcp.org/screen